



FEEDING & NUTRITION PROGRAM



TITLE OF PROJECT: Feeding and Nutrition Program
OVERALL PROJECT COST AND REQUESTED FUNDS: \$280,308.00
EIN: 51-0642667 - Training and Empowering Leaders International
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THE SITUATION

In many of the communities where we serve, hunger is not an occasional hardship—it is a daily struggle. Children wake up unsure if they will eat that day, and many go to school on an empty stomach, trying to focus while their bodies cry out for nourishment. For countless students in our partner community schools, the only dependable meal they receive comes from the school itself. This one meal becomes a lifeline—often the difference between learning and lethargy, growth and stunting, hope and despair.

But when schools close for holidays, face supply shortages, or lack funding, these children are left without even that small measure of security. The result is devastating: persistent malnutrition, weakened immune systems, difficulty concentrating, and an overall decline in physical and cognitive development. For orphaned and vulnerable children, the situation is even more dire. Without a caregiver or stable home, they rely entirely on the generosity and resources of orphan care programs—many of which operate on limited funding and struggle to provide consistent meals.

PROJECT DESCRIPTION

Through our feeding and nutrition Initiative, we are committed to standing in this gap—to ensure that no child is left hungry or forgotten. Our mission is not just about feeding bodies, but fueling potential, restoring dignity, and creating space for learning and joy. We aim to provide reliable, nutritious meals that support children’s growth, empower their education, and give them the energy and hope they need to pursue a brighter future. Hunger may be a harsh reality—but with compassion, action, and your partnership, it does not have to be their future. The reality is that poor nutrition leads to:

- Stunted physical growth and weakened immune systems
- Delayed cognitive development and poor academic performance
- Decreased energy, attention span, and school attendance
- Emotional and behavioral challenges

For orphaned and vulnerable children, the need is even more urgent. Many rely solely on charitable orphan care programs that are under-resourced and struggle to meet basic nutritional needs—even when they are otherwise, doing incredible work to provide love, shelter, and guidance.

We target schools and orphan care programs that have demonstrated a genuine commitment to children's welfare but are facing significant resource shortages in providing daily meals. By partnering with these trusted local institutions, we can ensure that support reaches the children who need it most—those already within systems of care but lacking the consistent nourishment required for healthy development, learning, and emotional stability. Through our partners we provide:

- *Daily school meals* for children in community-based education programs
- *Emergency food assistance* to orphanages in crisis
- *Nutritional support* for at-risk children identified by local partners
- *Monitoring and accountability* to ensure funds are effectively used for food and meal preparation

Our primary goal is to strengthen their efforts and remove the burden of food insecurity, allowing them to focus more fully on holistic child development.

PROGRAM IMPACT

Our primary goal is to ensure that children have access to adequate food and essential nutrients to support their physical growth, cognitive development, emotional well-being, and overall health. We believe that consistent, nutritious meals are not just a basic need—they are a building block for a child's future. Proper nourishment empowers children to thrive in school, stay active and alert, build stronger immune systems, and develop the confidence and strength needed to pursue their dreams. Without it, even the brightest potential can be dimmed by the daily struggle to survive. Our mission is to make sure no child is held back by hunger. School children will have access to good and quality food.

By funding meals, you're doing far more than filling plates—you're nourishing minds, strengthening bodies, restoring hope, and allowing children to focus on what every child should: learning, growing, and dreaming of a better future. Together, we can ensure no child is forced to learn on an empty stomach or go to bed hungry. Feed a child. Fuel a future. Partner with us today.

WEEKLY MENU AND COST PER CHILD	
Cereal + Milk + Fruits + Water + Logistics	1.15
Bread + Egg + Beverage + Butter + Water + Logistics	1.20
Garnished Jollof Rice + Fish or Egg + Water + Logistics	1.20

COST TO FEED A CHILD	
Approximate Cost to Feed a Child Per Day	01.15
Approximate Cost to Feed a Child Per Week	03.55
Approximate Cost to Feed a Child Per Month	14.20

FEEDING AND NUTRITION PROGRAM BUDGET			
MINISTRY PARTNERS	COUNTRY	# CHILDREN	BUDGET
Action International Primary School	Ghana	280	\$47,712.00
Agape Community Centre	Kenya	220	\$37,488.00
Agape Mitaboni Academy	Kenya	160	\$27,264.00
Akumadan Primary School	Ghana	165	\$28,116.00
Elgin Taylor Christian Academy	Sierra Leone	90	\$15,336.00
God Is Love Orphanage	Sierra Leone	75	\$12,780.00
Grace Christian School	Haiti	265	\$45,156.00
K.D. Wesley Memorial Middle School	Ghana	140	\$23,856.00
Pernier Christian School	Haiti	250	\$42,600.00
		1,645	\$280,308.00



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CONTRIBUTION/DONATION FORM

Name: _____

Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Cell: _____

Email: _____

Choose the project to help (print donation amount):

- | | | | |
|--|----------|--|----------|
| <input type="checkbox"/> Adopt-A-School Program | \$ _____ | <input type="checkbox"/> Leadership Training | \$ _____ |
| <input type="checkbox"/> Agribusiness Plan Fund | \$ _____ | <input type="checkbox"/> Medical Missions Outreach | \$ _____ |
| <input type="checkbox"/> Church Building Ministry | \$ _____ | <input type="checkbox"/> Orphan Care Ministry | \$ _____ |
| <input type="checkbox"/> Evangelism Support Ministry | \$ _____ | <input type="checkbox"/> Water, Sanitation & Hygiene | \$ _____ |
| <input type="checkbox"/> Feeding & Nutrition Program | \$ _____ | <input type="checkbox"/> Where Needed Most | \$ _____ |
| <input type="checkbox"/> Indigenous Missions | \$ _____ | | |

DONATION INFORMATION (check appropriate box):

- ☐ No recurring payment ☐ Monthly recurring payment ☐ Weekly recurring payment ☐ Yearly recurring payment

Enclosed Check # _____ Total Amount: \$ _____

PAYMENT BY CREDIT CARD

- ☐ AMERICAN EXPRESS _____ SECURITY CODE ☐ MASTER CARD _____ SECURITY CODE ☐ VISA _____ SECURITY CODE

CARD NUMBER _____ EXPIRATION DATE _____

NAME (As it appears on the card) _____

CARD BILLING ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

SIGNATURE OF CARD HOLDER _____

Mail completed form to:

TEL International · PO Box 763325, Dallas TX 75376